

Growing Up Together

Most siblings cope very well with their childhood experiences and sometimes feel strengthened by them. They seem to cope best when parents and other adults in their lives can accept their brother or sister's diagnosis and clearly value them as an individual. Avoiding family secrets, as well as giving siblings the chance to talk things over, express feelings, emotions and opinions, can go a long way to help them deal with worries and difficulties that are bound to arise from time to time.



Directions:

From: Leicester Royal Infirmary
To: Coping with Cancer In Leicestershire and Rutland

- ⇒ Head north on Infirmary Square toward Jarrom St
- ⇒ Turn left at Jarrom St
- ⇒ Turn left at Eastern Blvd
- ⇒ Turn right at Walnut St
- ⇒ Continue on Upperton Rd
- ⇒ Slight left to stay on Upperton Rd
- ⇒ Turn left at A5460/Narborough Rd
- ⇒ Turn right at Westleigh Rd

Coping with Cancer in Leicestershire and Rutland

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Registered in England 6362972

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Children & Young People's Service



Groups meet fortnightly

Children & Young People's Service

The service we provide is open to all aged 4 to 18 who have a family member with cancer.

We provide support, guidance, friendship, information and emotional support by trained youth workers and volunteers.

Sometimes children and young people who do not have a cancer diagnosis can go unrecognised and unseen as most of the time the family focuses on the patient. Some children and young people can feel they are the forgotten ones and feel isolated and alone.

Aims

Our children and young people's services aims to help improve the outlook on life, giving children and young people the opportunity to feel valued and respected. They can do things that they do not have the chance to do, to be with children and young people who identify with them, meet new friends and share thoughts, ideas and offer each other support.



Youth Group Programme 2009

Age 13 - 18

Group meets fortnightly Tuesdays 6 - 7.30 pm



January	13 th	27 th	
February	10 th	24 th	
March	10 th	24 th	
April	7 th	21 st	
May	5 th	19 th	
June	2 nd	16 th	30 th
July	14 th	28 th	
August	11 th	25 th	
September	8 th	22 nd	
October	6 th	20 th	
November	3 rd	17 th	
December	1 st	15 th	

Leicester Royal Infirmary

Coping with Cancer and The Leicester Royal Infirmary have joined forces to bring to you a unique service for siblings of children and young people with cancer.

Children and young people's sessions will be held at The Leicester Royal Infirmary on Ward 27, taking place during school holidays.

For more information please contact Chaz at Coping with Cancer, contact details can be found on the back of this leaflet.



My Cancer Journey ...

I only knew 6 months after, when he lost his hair, after that I started to find out more, I got worried (Anesh, 11)

At first it was really hard to think and I got worried, But the youth workers helped out by supporting me and my brother all the way (Keiron, 15)

At first it was difficult to get my head around, but since coming to the youth group I've realised that its not as bad as I first thought (Ben, 11)

At the group we chill out, play games and talk about our experiences, If you want to talk privately there's always a friendly face willing to listen (Maisy, 17)