

Anger. Recognising the early signs and staying in control

connexions

LEICESTER SHIRE

Overview:

- (Targeted at both delivery and non-delivery/ support staff)
- An understanding of behaviour issues and some basic strategies to deal with behaviour issues.
- Knowledge and understanding of anger and aggression; recognising aggression; adult role in the conflict/ stress spiral
- Self control while managing students displaying anxious, agitated, belligerent and/or dangerous behaviours.
- Verbal and non-verbal behaviour management techniques in def using and de-escalating levels of crisis

Key areas:

- A hands on programme suggesting and developing a tool box of coping strategies.
- Recognising the early signs of aggression
- Self control
- Supporting staff and learners
- Role suggestions



Who will benefit: Post 16 providers of training and education to young people

Connexions are working with Mark Sampson, Deputy Head from Keyham Lodge School in order to provide a comprehensive menu of support for all ESF staff working in a post 16 learning environment. The key aim is to support colleagues working with some of the most challenging young people to improve retention rates of those moving from schools into further learning.

This training can be accessed as part of a partnership group, provider, or by staff individually and is designed in set conference sessions in morning, lunch and all day workshops dependant on your need and availability.

Venue: Connexions, 6 Millstone Lane

Min/Max nos: 8-16

Course fees: Free

Duration: 1 day

Dates: 23rd April, 27th October, 27th November 2010

Times: 09.30—15.00

For enquiries concerning dates of courses or further details please contact Mark Sampson on extn: 1190, mobile: 07738033072, or email:

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www.connexions-leics.org/staffroom